**Chopped Green Salad w Turkey**

4 servings

For the salad:

4 C chopped salad greens

½ C dried cranberries

1 C cooked turkey, diced

1 cucumber, peeled & diced

1 red bell pepper, seeded & diced

1 C cooked black beans

1 C celery, diced

I green apple, seeded & diced

3 green onions, thinly sliced

½ c sliced almonds (optional)

Orange vinaigrette:

1/3 C apple cider vinegar

Juice of 1 orange

2/3 C olive oil

1 garlic clove, peeled and crushed

Salt and pepper to taste

1 tsp cumin

2 tsp honey

½ C chopped cilantro (optional)

Mix the vinaigrette ingredients together. Makes about a cup and a half of dressing.

Combine all of the salad ingredients in a bowl. Toss with vinaigrette to taste and serve.

Green



